



## TREATMENT GUIDE



## A WARM WELCOME

Welcome to The Spa at The Charleston Place. Enveloped in a serene atmosphere, our tranquil spa awaits. Our indulgent treatments help restore and enhance your natural, youthful vigor while working to dissolve tension, soothe limbs, and boost energy, leaving you refreshed and revitalized.

We believe every day is a day to celebrate the feeling of rejuvenation through our program of renewal. A sense of peace and wellbeing awaits.

We hope you have a wonderful experience at The Spa, and don't hesitate to let us know if there's anything you need.

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# THERAPEUTIC MASSAGE

*With healing hands and ancient therapies, limbs are soothed and muscles are restored as stress melts away.*

## SWEDISH

50 min / 145- 80 min / 220-

Our classic European technique gently soothes aches and pains, improves circulation, and relieves tension. Emerge relaxed and more limber.

## YOUR CHOICE

50 min / 155- 80 min / 235-

Incorporates elements of Swedish, Reflexology, and Deep Tissue Massages. Customized to soothe and de-stress.

## REST

50 min / 155- 80 min / 235-

Soothe your nervous system by encouraging deep rest and sound sleep. Lavender, cedar and ylang ylang will ground and balance you while reducing stress and allowing your mind to drift into a state of relaxation.

## RENEW

50 min / 155- 80 min / 235-

Restore depleted energy or travel fatigue with our therapeutic blend of lemongrass, rosemary and geranium. Blended to improve mental clarity, uplift the spirit and refresh the mind.

## RECOVER

50 min / 165- 80 min / 245-

Stimulate circulation and decrease inflammation with our therapeutic deep tissue massage. Arnica, rosemary and clary sage assist in recover of tired joints and muscles.

## BALANCE

50 min / 155- 80 min / 235-

Nourishing oil rejuvenates your scalp, neck, and shoulders, while the foot reflexology relieves tension in the feet, benefiting the whole body.

## SALT

80 min / 245-

Warm crystal salt stones are used to balance and ground the central nervous system and meridians. Gently sooth away stress and tension and bring the mind, body and spirit into balance.

## FOOT REFLEXOLOGY

50 min / 155-

This ancient art of pressure-point massage restores balance, improves circulation, relieves stress and tension in the feet, and benefits the entire body.

## MOTHER-TO-BE

50 min / 145-

Precious mommy-baby time. A light, gentle touch helps relieve pre-motherhood stress and lower back pain. Improves circulation, alleviates water retention, and congestion.

# SKIN CARE

*With a treatment available for every desire, our forward-thinking skincare remedies accentuate the positive and counteract the negative. Reveal the skin you were born to show with a soothing experience.*

## SIGNATURE

50 min / 145- 80 min / 250-

Our customizable signature facial cleans, exfoliates, and rejuvenates all skin types. Renew your spirit with a relaxing facial massage.

## HYDRAFACIAL

80 min / 295-

Experience the benefits of this patented technology used to purify, nourish and protect your skin. Super serums, made with nourishing ingredients, work to increase firmness, even skin tones, and reduce fine lines to create an instantly gratifying glow.

## INTRACEUTICALS TREATMENT

50 min / 195- 80 min / 250-

A continuous flow of oxygen, under pressure, infuses a quenching cocktail of vitamins and antioxidants into the skin creating instant, visible results. This deeply hydrating facial dramatically reduces the appearance of fine lines and wrinkles. Walk out feeling luminous and “red carpet” ready.

## HARMONY

50 min / 155-

Combines a 25-minute Signature Facial with a 25-minute Scalp and Neck Treatment. Our signature facial cleans, exfoliates, and rejuvenates while relieving fatigue and stress-induced tension.

## BACK BUFF

50 min / 145-

Get ready to bare with this gentle back buffing designed to restore your skin and leave it smooth and clean.

## GENTLEMAN’S FACIAL

50 min / 165-

Put age in reverse with our gently exfoliating, acid-based treatment that smooths fine lines and renews skin cells. Sit back and enjoy the anti-stress face, neck, and shoulder massage. Your whole body benefits.

*Note: Please do not shave within 4 hours of a Gentleman’s Facial.*

## SPA SPECIALTIES

EYELASH TINTING 40-

EYEBROW TINTING 40-

LIP OR EYE HYDRATING TREATMENT 25-

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## SPA WAXING

LIP OR CHIN 25-

BROW 35-

UNDERARM 35-

BIKINI 45-

BRAZILIAN 70-

BRAZILIAN WAX CONSULTATION 75-

LOWER LEG 50-

UPPER LEG 75-

FULL LEG 95-

BACK 80-

ARM 50-

STOMACH 45-

*Note: For best results, hair should be at least ¼ inch long. You may not wax if taking Accutane currently or in the past 6 months, Retin-A currently or in the past 3 months, glycolic acid or any other keratolytic medication that increases skin exfoliation, or if you have sunburned skin, or skin scarring from a recent laser peel. Waxing does have certain side effects such as skin removal, redness, scabbing, bruising, scarring, tenderness, hyperpigmentation, and/or pimples. Failure on your part to disclose any information could result in any of the above injuries and/or illness.*

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## HAND & FOOT THERAPIES

*Pamper yourself with an invigorating hand and foot therapy that will leave you feeling relaxed and polished. Please inform The Spa at time of reservation if you currently have gel polish on your fingernails or toenails. Failure to do so may not allow adequate time to perform your requested treatment. The Spa does not apply or remove acrylic.*

MARGARET DABBS SUPREME MANICURE 60-

MARGARET DABBS SUPREME PEDICURE 85-

SPA MANICURE 45-

SPA PEDICURE 65-

FRENCH MANICURE 55-

FRENCH PEDICURE 70-

GENTLEMEN'S MANICURE 40-

GENTLEMEN'S PEDICURE 55-

BUFF AND POLISH 35-

DAZZLE DRY UPGRADE MANICURE 15-

DAZZLE DRY UPGRADE PEDICURE 20-

GEL POLISH SOAK OFF 20-

Margaret Dabbs, a renowned London podiatrist, has created a luxurious expert-led beauty regimen for hands and feet. An excellent antidote for clients who travel a lot or stand on their feet all day. Legs, feet, hands, and arms will be revitalized while looking and feeling refreshed.

## SPA KIDS

*Good habits start here. Yummy treats and tender teachings delight children 12-years old and under, accompanied by an adult, of course.*

### LOLLIPOP MANICURE 35-

### LOLLIPOP PEDICURE 35-

Make hands and feet sparkle. Finish with your choice of nail color. And yes, a lollipop to go.

### THE CINDERELLA 70-

A gentle 25-minute facial gets you started on the right track to proper skincare.

### BOYS ABOUT FACE 70-

He'll want to sit still for this. An energizing 25-minute facial helps keep his young skin looking clean and healthy.

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## SPA PACKAGES

*Treat yourself or someone special to a luxurious spa experience. The following package may not be altered.*

### REST & RESTORE 325-

50-minute Signature Facial, 50-minute Your Choice Massage and Dazzle Dry Manicure.

### PERFECT GETAWAY 345-

50-minute Signature Facial, 50-minute Your Choice Massage and Dazzle Dry Pedicure.

# YOUR SPA EXPERIENCE

*Please take a moment to review the information below before you enjoy your spa visit.*

## APPOINTMENTS

Please call The Spa directly to make your appointments or request your treatment online at CharlestonPlace.com. For preferred spa times, we suggest you book in advance.

Telephone: 843 937 8522

## THERAPISTS

If you have a preference of a male or female therapist, please let us know upon booking.

## CANCELLATION POLICY

To provide our clients with consistently outstanding service, we must charge a 50% cancellation fee for any spa service cancelled less than 24 hours before your scheduled appointment, and less than 48 hours before scheduled nail services. If a spa service has been left unpaid by end of business day, the service plus 20% gratuity will be charged to the guest's room or credit card on file. Thank you for your understanding.

## ARRIVAL

We recommend you arrive 30 minutes before your spa appointment. Please keep in mind that all treatments need to end on time, and a late arrival will result in a shortened treatment time to accommodate other guests fairly.

## SPA FACILITY

Our treatments are designed for both men and women and are performed in the comfort of private treatment rooms. Our professionally trained and licensed staff is skilled in the latest spa therapies. For your convenience, we provide towels, shampoo, conditioner, body lotion, deodorant, and combs. We regret that we cannot be responsible for loss or damage to personal property including clothing and jewelry.

## FOR YOUR COMFORT

For your comfort and the comfort of all our guests, our spa is a non-smoking facility. Cell phones are not permitted in The Spa.

## SPA GIFT CARDS

Gift cards to The Charleston Place Spa make the perfect gift, even for the person who has everything. Our Gift Cards are transferable, but are non-refundable. We are not responsible for lost or stolen Gift Cards.

## TREATMENT PRICING

All treatment prices do not include gratuity. Gratuity is left to your discretion and should be based on satisfaction of services. We reserve the right to modify, discontinue, or raise prices on certain treatments without prior notification.

## MINORS

Minors under the age of 18 must be accompanied by a parent or legal guardian in the treatment room.

## **HOURS OF OPERATION**

*Fitness Center and Spa hours may vary on select holidays throughout the year. Please check with The Spa staff for updates.*

### **SPA RECEPTION DESK**

DAILY: 6AM-8PM

### **SPA TREATMENTS**

DAILY: 8AM-6PM

### **POOL & FITNESS CENTER**

DAILY: 6AM-8PM



A Natural Wonder, the ginkgo has survived over millions of years. Hailed as the healing tree in China, its therapeutic bark, leaves, and seeds have brought wellness to generations. The long-lived ginkgo is not only beautiful, but remarkably resistant to disease, tolerant of air pollution, and virtually undisturbed by the effects of the environment.



205 Meeting Street, Charleston, SC 29401  
843 937 8522

[CHARLESTONPLACE.COM](http://CHARLESTONPLACE.COM)