MENU OF SERVICES
ALL ARE WELCOME

Your individualized journey of self-reflection, wellness, and well-being starts now. Enveloped in a serene atmosphere, our tranquil spa awaits. Utilizing organic, natural, and science-backed products, our holistic therapeutic practices are designed to meet you where you are. Our experienced professionals are on a mission to enhance and nurture physical, emotional, and spiritual well-being for all who come through our doors.

This is self care at its finest.
SKINCARE

HYDRAFACIAL®
Reduce the look of fine lines, acne, hyperpigmentation, and uneven skin tone with HydraFacial's patented technology.

REFINEMENT
50 min
Experience an invigorating three-step HydraFacial® treatment that removes dead skin cells and extracts impurities while cleansing, hydrating, and moisturizing. This treatment includes LED light therapy to further reduce the visible signs of aging.

RESTORATIVE
80 min
The ultimate Hydrafacial experience. Detoxification begins with soothing lymphatic drainage to reduce puffiness and provide lifting and contouring, followed by non-invasive skin resurfacing that will smooth skin texture and appearance of the skin. LED light therapy and targeted boosters enhance your results while your skin is bathing in hydration and antioxidants for the ultimate glow.

INTRACEUTICALS
50 min - 80 min
Achieve incredible and immediate results with this revolutionary combination of refined hyperbaric oxygen and hyaluronic acid. This skin-quenching treatment dramatically reduces the appearance of fine lines, wrinkles, and puffiness. Your skin will be luminous, balanced, and glowing.

RADIANCE
80 min
Combining two of our most popular services to create this innovative skincare experience. Enjoy the benefits of resurfacing the skin with HydraFacial® paired with the deeply hydrating glow of our Intraceuticals oxygen treatment. A deliberate layering technique reduces puffiness and edema while hyaluronic acid hydrates and firms. Truly one-of-a-kind experience.

NOURISH
50 min - 80 min
Nourish your skin with our small batch botanical skincare line that targets a range of skin concerns. Gentle yet effective, plants and minerals are sourced globally to deliver the results your skin needs. This antioxidant powerhouse will calm inflammation, even skin tone, and drench your skin in hydration. Beautiful plant medicine that delivers results nature intended. 80-minute service includes Gua Sha enhancement experience.

CLASSIC
50 min - 80 min
Designed to meet the specific needs of your skin, this custom facial uses high-performing active ingredients, carefully chosen to address your individual skincare concerns, providing the benefits and results you are looking for.
SKINCARE

CLARITY
50 min - 80 min
Refine, purify and calm the skin with a targeted treatment for problematic and acne-prone skin. Experience our deep pore cleansing facial designed to clarify congested skin conditions with thorough extractions and specialized products that leave the skin feeling clean, refreshed, and radiant.

HARMONY
50 min
Enjoy our 25-minute Classic Facial combined with a 25-minute hydrating Scalp and Neck Treatment. Our custom facial cleans, exfoliates, and rejuvenates while nourishing plant-based oils soothe your scalp and melt away tension.

BEAUTIFUL BACK
50 min
Eliminate skin impurities with deep cleansing and exfoliation. A soothing mask improves circulation and skin texture followed by a moisturizer leaving the back silky and smooth.

GENTLEMAN’S FACIAL
50 min
Put age in reverse with our gently exfoliating, acid-based treatment that smooths fine lines and renews skin cells. Sit back and enjoy the anti-stress face, neck, and shoulder massage.

Note: Please do not shave within 4 hours of a Gentleman’s Facial.

ENHANCEMENTS

No Additional Time Needed

GLYCOLIC LATIC ACID FACIAL PEEL
HEALING HYDRATING MASK
KNESKO COLLAGEN MASKS
  EYE MASK
  LIP MASK
  FACE MASK
  NECK & DECOLLETE

Additional 30 Minutes

LED LIGHT THERAPY
NECK & SCALP MASSAGE
GUA SHA
HYDRA EYE PERK
HYDRA LIP PERK
HYDRA EYE + LIP PERK
LYMPHATIC DRAINAGE
THERAPEUTIC MASSAGE

SWEDISH
50 - 80 min

Gently soothe away aches and pains, improve circulation, and relieve tension with our classic European technique. Emerge relaxed and more limber.

CUSTOM
50 - 80 min

Customized to soothe and de-stress, choose your ideal pressure and area of focus in this personalized experience that incorporates Swedish and Deep Tissue Massage.

REST
50 - 80 min

Calm your nervous system by encouraging deep rest and sound sleep. Lavender, cedar, and ylang ylang will ground and balance you while reducing stress and allowing your mind to drift into a state of relaxation.

RENEW
50 - 80 min

Restore depleted energy or travel fatigue with our therapeutic blend of lemongrass, rosemary and geranium. Blended to improve mental clarity, uplift the spirit, and refresh the mind.

RECOVER
50 - 80 min

Allow us to assist in the recovery of tired joints and muscles with arnica, rosemary, and clary sage. Stimulate circulation and decrease inflammation with our therapeutic Deep Tissue Massage.

BALANCE
50 min

Rejuvenate your scalp, neck, and shoulders with nourishing oil while the foot reflexology relieves tension in the feet, benefiting the whole body.

SALT
80 min

Balance and ground the central nervous system in this full body massage, which supports lymphatic drainage and increases circulation and relaxation with warm Himalayan salt stones and cold rose quartz crystals.

FOOT REFLEXOLOGY
50 min

Restore balance, improve circulation, relieve stress and tension in the feet, and benefit the entire body with this ancient art of pressure point massage.
THERAPEUTIC MASSAGE

MOTHER-TO-BE
50 min
A blend of bergamot, vetiver and ylang ylang relieves pre-motherhood stress and lower back pain, while improving circulation, alleviating water retention, and congestion with a light, gentle touch.

NECK & SCALP
50 min
Walk away from this nourishing treatment with a healthy scalp. Feel soothed and rejuvenated with a warm stone neck and shoulder massage.

ENHANCEMENTS

ROSE QUARTZ FACIAL MASSAGE

Additional 30 Minutes

NECK & SCALP MASSAGE
### NATURAL NAILS
- Tara Spa Therapy Manicure
- Tara Spa Therapy Foot Recovery
- The Essentials Manicure
- The Essentials Pedicure
- French Polish Upgrade
- Dazzle Dry Upgrade
- Gel Polish Soak Off
- Gentlemen’s Manicure
- Gentlemen’s Pedicure

### ENHANCEMENTS
- Renew Heel Repair
- Vitamin C Hand Treatment
- Dazzle Dry Polish Upgrade
- French Polish Upgrade

*Additional 30 Minutes*
- Gel Polish Soak Off

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### WAXING & TINTING
- **Lip**
- **Chin**
- **Brow**
- **Underarm**
- ** Bikini**
- **Brazilian**
- **Lower Leg**
- **Upper Leg + Bikini**
- **Full Leg + Bikini**
- **Back**
- **Arm**
- **Stomach**

*Additional 30 Minutes*
- **Eyelash Tinting**
- **Eyebrow Tinting**

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*Note: For best results, hair should be at least ¼ inch long. You may not wax if taking Accutane currently or in the past 6 months, Retin-A currently or in the past 3 months, glycolic acid or any other keratolytic medication that increases skin exfoliation, or if you have sunburned skin, or skin scarring from a recent laser peel. Waxing does have certain side effects such as skin removal, redness, scabbing, bruising, scaring, tenderness, hyperpigmentation, and/or pimples. Failure on your part to disclose any information could result in any of the above injuries and/or illness.*
CHILDREN
For children 12-years old and under.

NAIL RETREAT
Make hands and feet sparkle. Finish with your choice of nail color. And yes, a lollipop to go.

ALL ABOUT FACE
A gentle 25-minute facial gets you started on the right track for proper skincare.

PACKAGES
Treat yourself or someone special to a luxurious spa experience. The following packages may not be altered.

REST & RESTORE
50-minute Classic Facial, 50-minute Custom Massage and Dazzle Dry Manicure.

PERFECT GETAWAY
50-minute Classic Facial, 50-minute Custom Massage and Dazzle Dry Pedicure.
SPA INFORMATION

APPOINTMENTS
Please call The Spa directly to make your appointments or request your treatment online at CharlestonPlace.com. For preferred spa times, we suggest you book two weeks in advance. For nail treatments, please notify The Spa if you have gel on your nails prior to your appointment so we may book additional time needed to provide you the full nail service. If you have a preference of a male or female therapist, please let us know upon booking.

SPECIAL HEALTH CONSIDERATIONS
At the time of reservation, please notify The Spa if you have any health concerns, allergies, physical ailments, special needs or if you are pregnant.

ARRIVAL
We ask that you arrive 30 minutes prior to your service time so you are able to enjoy a seamless check in experience. To provide our guests with consistently outstanding service, please be aware that if you have a late arrival this may determine the length of your treatment. Your service will end on time so the next guest is not delayed. We appreciate your understanding and cooperation.

SPA FACILITY
Our treatments are designed for both men and women and are performed in the comfort of private treatment rooms. Our professionally trained and licensed staff is skilled in the latest spa therapies. For your convenience, we provide towels, shampoo, conditioner, body lotion, deodorant, and combs. Lockers are provided for your belongings, however The Spa is not responsible for lost or stolen items.

CANCELLATION POLICY AND RESCHEDULE POLICY
We understand it may be necessary to reschedule or cancel your appointment. Kindly call and let us know 24-hours in advance to avoid being charged 50% of the services booked. Email cancellations are not accepted. All no-show appointments will be charged 100% of the services booked. If a spa service has been left unpaid by end of business day, the service plus 20% service charge will be charged to the guest’s room or credit card on file. Thank you for your understanding.

SPA POLICIES
We are a family-friendly hotel and welcome supervised children who have spa appointments. Patrons under the age of 17 receiving spa treatments must be accompanied by a parent or legal guardian for the length of the service. The Spa does not allow outside food or drink. For your comfort and the comfort of all our guests, our spa is a non-smoking facility. Cell phones are not permitted in The Spa relaxation areas. Service animals, not including emotional support dogs, are allowed in The Spa.

SPA GIFT CARDS
Gift cards to The Charleston Place make the perfect gift, even for the person who has everything. Our gift cards are transferable, but are non-refundable. We are not responsible for lost or stolen gift cards.

TREATMENT PRICING
All treatment prices do not include gratuity. For your convenience, a 20% service charge will be added to all services booked. This service charge is fully adjustable at the time of check out. We reserve the right to modify, discontinue, or raise prices on certain treatments without prior notification.
HOURS OF OPERATION

Fitness Center and Spa hours may vary on select holidays throughout the year. Please check with The Spa staff for updates.

SPA RECEPTION DESK
DAILY: 6AM-8PM

SPA TREATMENTS
DAILY: 8AM-6PM

POOL & FITNESS CENTER
DAILY: 6AM-8PM
A Natural Wonder, the ginkgo has survived over millions of years. Hailed as the healing tree in China, its therapeutic bark, leaves, and seeds have brought wellness to generations. The long-lived ginkgo is not only beautiful, but remarkably resistant to disease, tolerant of air pollution, and virtually undisturbed by the effects of the environment.